

September 11, 2011

Meaningful Touch

Blessing Series

...I have set before you life and death, blessing and cursing... **Deuteronomy 30:19**



A father gives his son a blessing **Genesis 27**

Meaningful Touch - *a gentle touch, stroke, kiss or hug given by significant people in our lives (husband, wife, parent, close friend, etc.)*



It starts with a _____ Touch

Jesus reaches for us **2 Corinthians 5:21**

Jesus comforts by touching others **Luke 5:12-13; Luke 4:40; Mark 5:25-34**

We give _____ Touch and follow Christ's example

Our physical bodies were made to receive touch **Genesis 27:26; Luke 15:20;**

A meaningful touch needs to be appropriate based on the receiver and the circumstances

The result is _____ Touch and life impact

God calls us to comfort others **2 Corinthians 1:3-4**



We can bring healing to a dying world **Matthew 10:8; Mark 16:15-20**

We will choose to _____ and give _____ **Deuteronomy 30:19**

I will choose to Bless and give Life _____

Keep your heart with all diligence, For out of it spring the issues of life. **Proverbs 4:23**

Discussion Questions:

Can you see how the Blessing can counteract the current culture?

What are some counterfeit blessings you can identify?

Do you see the importance behind meaningful touch?

In the New Testament, we see many instances where people wanted to touch Jesus.

- Do you feel the same? (Wanting a touch from Jesus)
- Can you see how the longing for touch is part of how we were created?

Are you hesitant to touch friends? Strangers?

What's your overall feeling on this series and this first step, meaningful touch?

For Your Quiet Time:

Deuteronomy 30:19

Deuteronomy 23:5

Mark 10:13-16

Luke 6:19

Matthew 9:20-22

Next Week:

We'll look at how a Spoken Message is the second of the five key elements of the Blessing. A meaningful touch establishes a connection of importance. A Spoken Message ensures that true feelings are heard.

5 Elements of the Blessing

- 1) **A Meaningful Touch**
- 2) Spoken Message
- 3) Attach a High Value
- 4) Picture a Special Future
- 5) Active Commitment

Keep your heart with all diligence, For out of it spring the issues of life. **Proverbs 4:23**